



Early Childhood Mental Health Consultation

A Partnership with Providers of Early Care and Education Programs

Early Learning Program Application for ECMHC

Program Name:

Program Director Name and Signature:

Program Address:

Phone #:

Total # of Children in Care:

Estimated % of Children with Purchase of Care Assistance:

Reason Consultation is Requested:

Stars Participant? Yes No

If yes, Stars level:

Stars TA Consultant:

Email Application to: DSCYF_ECMHS@delaware.gov

ECMHC

Building capacity and improving abilities in early learning programs

Funding for ECMHC is provided through Delaware's Child Care Development Fund through the Division of Social Services of the Department of Health and Social Services. Additional support is provided by the Delaware Department of Education, Office of Early Learning.

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For more information on the ECMHC service:

EMAIL: DSCYF_ECMHS@delaware.gov

OR

CALL or TEXT: 302-256-9308



Delaware Department of Services for Children, Youth and Their Families

Division of Prevention and Behavioral Health Services



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health



Delaware
Department of Education



A free service offered through the Delaware Department of Services for Children, Youth and Their Families

Division of Prevention and Behavioral Health Services

If you are a parent or caregiver interested in ECMHC at YOUR child's Early Learning Program, call 302-256-9308

What is ECMHC?

ECMHC is a free service that supports young children's social and emotional development, specifically in early childhood education settings.

Early Childhood Mental Health Consultants are available to provide specialized on-site training and coaching at early learning programs which can ultimately reduce incidents of disruptive behavior and enhance social and emotional skills in children.

What Can Teaching Staff Expect?

- Individualized program and classroom specific consultation;
- Action plans that address classroom and individual child needs;
- Behavior management strategies for the whole class.

ECMHC Partnership

The Division of Prevention and Behavioral Health Services (DPBHS) offers ECMHC as a free service to Delaware early learning programs.

All consultants are licensed mental health professionals with experience working in early learning settings. ECMHC is a prevention and early intervention service. Request services before major problems arise. **Early Calls May Halt a Crisis.**

“Within 30 days of ECMHC, we experienced dramatic improvements in the classroom.”



ECMHC Can Help:

- Develop problem-solving interventions to reduce incidents of disruptive classroom behaviors;
- Build collaborative relationships between mental health professionals, early learning providers and families;
- Strengthen skills of teaching staff to work with children who have social and emotional challenges;
- Enhance relationships with children in care;
- Reduce teacher and family stress;
- Reduce incidents of suspension and expulsion; and
- Help children build social and emotional skills to reach developmental milestones.

