

## Early Childhood Family Resources

At-Home Online Activities (New for 06/05)			
Resource	Website Link	About	Ages
Action for Healthy Kids	<a href="https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/">https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/</a>	Healthy activities to do at home	Multi-Age
Cincinnati Children's Hospital	<a href="https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19">https://blog.cincinnatichildrens.org/simple-home-activity-ideas-for-kids-during-covid-19</a>	Activity ideas during COVID-19	Multi-Age
Cooking with Kids	<a href="https://cookingwithkids.org">https://cookingwithkids.org</a>	At home cooking activities	Multi-Age
Crayola	<a href="https://www.crayola.com/athome?gclid=EAIaIQobChMlo6Koll7r6QIV9gilCR1c4ASrEAAYASABEgK9b_D_BwE">https://www.crayola.com/athome?gclid=EAIaIQobChMlo6Koll7r6QIV9gilCR1c4ASrEAAYASABEgK9b_D_BwE</a>	Variety of coloring activities.	Multi-Age
Georgia Department of Early Care and Learning	<a href="http://www.decal.ga.gov/PreK/WelcomeToGAPreKAtHome.aspx">http://www.decal.ga.gov/PreK/WelcomeToGAPreKAtHome.aspx</a>	At home activities for preschoolers.	Preschool
Go Noodle	<a href="https://www.gonoodle.com/for-families/">https://www.gonoodle.com/for-families/</a>	Videos and games for children	Multi-Age
Hatch	<a href="https://www.hatchearlylearning.com/resources/parent">https://www.hatchearlylearning.com/resources/parent</a>	Parent Resources	Preschool
healthikids	<a href="https://www.healthikids.org/blog/resources-for-families-covid-19">https://www.healthikids.org/blog/resources-for-families-covid-19</a>	Activities, physical activities, and educational resources.	Birth - Age 5
Parent Information Center of DE	<a href="https://picofdel.org/">https://picofdel.org/</a>	Variety of Resources and Calendar of Events	Multi-Age

Philly Museums Virtual Tours	<a href="https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours">https://phillystylemag.com/visit-phillys-favorite-museums-thanks-to-virtual-gallery-tours</a>	Variety of virtual tours of Philadelphia museums.	Multi-Age
Play Works	<a href="https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUQT9aWYkjjkBbzJNKcp9FID3bgcN-ph3YxSNs">https://www.playworks.org/get-involved/play-at-home/?fbclid=IwAR1gmg4W51QwEHU9BCbwJUQT9aWYkjjkBbzJNKcp9FID3bgcN-ph3YxSNs</a>	Play at home playbook. Available in multiple languages.	Multi-Age
Prevent Child Abuse DE	<a href="https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf">https://static1.squarespace.com/static/5414a299e4b0608fb315ce4e/t/5e8f4b127cc91a597c84f5d1/1586449171341/Tips+for+CareGivers.pdf</a>	Tips for Parents and Caregivers	Multi-Age
Red Clay School District Early Years Program	<a href="https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375">https://www.redclayschools.com/site/default.aspx?PageType=3&amp;DomainID=152&amp;ModuleInstanceID=1278&amp;ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&amp;RenderLoc=0&amp;FlexDataID=18157&amp;PageID=375</a>	Variety of activities for children.	Preschool
REL Southeast	<a href="https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp">https://ies.ed.gov/ncee/edlabs/regions/southeast/foundations/kindergarten_intro.asp</a>	Supporting your child's reading at home	Multi-Age
Safe and Sound	<a href="https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/">https://safeandsound.org/for-parents/parenting-tips/activities-to-do-at-home-with-kids-during-covid-19/</a>	Activities to do at home with kids during COVID-19.	Multi-Age
Statistics in Schools	<a href="#">VeggieTales: Everyone Counts!</a>	Census 2020	Multi-Age
UNICEF	<a href="https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home">https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents/indoor-play-ideas-stimulate-young-children-home</a>	Indoor play ideas to stimulate young children at home.	Birth - Age 8

Abdo Digital	<a href="https://abdodigital.com">https://abdodigital.com</a>	eBooks in English and Spanish	Multi-Age
After School Alliance	<a href="https://boostcafe.org/resource-center/">https://boostcafe.org/resource-center/</a>	Links to a variety of resources	Multi-Age
Amazing Educational Resources	<a href="http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQueAxbUDKqsiv7RcXw">http://www.amazingeducationalresources.com/?fbclid=IwAR2VmPWaPod15ORKFHL4ycF_kHE1R0ncHiPis7-RQueAxbUDKqsiv7RcXw</a>	A collection of educational resources for teachers and families.	Preschool - Multi-Age
Animal Cameras at Zoos and Aquariums	<a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a> <a href="https://kids.sandiegozoo.org">https://kids.sandiegozoo.org</a> <a href="https://zooatlanta.org/panda-cam/">https://zooatlanta.org/panda-cam/</a> <a href="https://www.houstonzoo.org/explore/webcams/">https://www.houstonzoo.org/explore/webcams/</a> <a href="https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/">https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/</a>	Explore a virtual field trip with live animal cameras (pandas, beluga whales, tigers and much more).	Multi-Age
Art Education Partnership	<a href="https://www.metmuseum.org/art/online-features/metkids">https://www.metmuseum.org/art/online-features/metkids</a>	Online art related activities	Multi-Age
Books of Belonging with Sarah Dryden Peterson	<a href="https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAaGawA">https://www.youtube.com/playlist?list=PLJX6dtNZ-81bqnZtwjVoQCjOnAAAaGawA</a>	Video series of people coming together in picture books read by	Multi-Age

		Harvard professor.	
Boston Public Schools - Kindergarten	<a href="https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c">https://drive.google.com/drive/folders/0B3qKorUGb2mHTXZOgGctUEtkR2c</a>	Activities for kindergartners.	Age 5
Boston Public Schools - Preschool	<a href="https://drive.google.com/drive/folders/0BzrnOZGxWK9_dVdtNTEwU2g3Mkk">https://drive.google.com/drive/folders/0BzrnOZGxWK9_dVdtNTEwU2g3Mkk</a>	Activities for preschoolers.	Preschool
Brain Dance	<a href="https://www.creativedance.org/about/braindance/">https://www.creativedance.org/about/braindance/</a>	Exercising through dance	Multi-Age
Brain POP	<a href="https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/">https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/</a>	4-minute video, activities, and games	Multi-Age
Bright Horizons	<a href="https://www.brighthorizons.com/family-resources">https://www.brighthorizons.com/family-resources</a>	Learning at home activities, articles, and other resources.	Multi-Age
Center for Disease Control-CDC	<a href="#">Handwashing: a family activity</a>  <a href="https://www.cdc.gov/parents/essentials/structure/building.html">https://www.cdc.gov/parents/essentials/structure/building.html</a>	How to make hand-washing fun.  Building structure at home with children.	Multi-Age
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/resources/covid-19-resources/">https://developingchild.harvard.edu/resources/covid-19-resources/</a>	Activities, parent and caregiver guidance, and other resources.	Multi-Age
Child Care Aware of America	<a href="https://www.childcareaware.org/brain-building-resources/">https://www.childcareaware.org/brain-building-resources/</a>	Activities on brain building moments	Infant - Preschool

Cincinnati Children's Hospital	<a href="https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources">https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources</a>	Home learning, healthy living, and parenting support during COVID-19.	Multi-Age
Cloud9World	<a href="http://www.cloud9world.com/parent-books">http://www.cloud9world.com/parent-books</a>	Parents as emotional coaches books in English and Spanish	Multi-Age
Conscious Discipline	<a href="https://consciousdiscipline.com/free-resources/free-resources/">https://consciousdiscipline.com/free-resources/free-resources/</a>	Printable tools and activities such as songs and chants.	Multi-Age
Countdown to Kindergarten	<a href="http://www.countdowntokindergarten.org/activities/free-summer-activities">http://www.countdowntokindergarten.org/activities/free-summer-activities</a>	Summer activities for entering kindergarten students.	Preschool
Cox Campus	<a href="https://www.coxcampus.org/pop-up-early-learning/">https://www.coxcampus.org/pop-up-early-learning/</a>	Free pop-up early learning classes with recreations of parts of a preschool day to do with your preschooler.	Preschool
Cultivate Learning, University of Washington	<a href="https://cultivatelearning.uw.edu/resource-spotlight/">https://cultivatelearning.uw.edu/resource-spotlight/</a>	Tips and activities for families to lead learning and positive interactions from home.	Multi-Age

CuriOdyssey	<a href="https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAlaIQobChMIhbCI-LW6QIVDODIC3SdwlyEAAYASAAEgJJnFD_BwE">https://curiodyssey.org/at-home-science/?campaignid=9835881044&amp;adgroupid=103753042681&amp;adid=430878910932&amp;gclid=EAlaIQobChMIhbCI-LW6QIVDODIC3SdwlyEAAYASAAEgJJnFD_BwE</a>	Science activities	Multi-Age
Dallas Independent School District	<a href="https://sites.google.com/dallasisd.org/athomelearning/plans/elementary-school-students">https://sites.google.com/dallasisd.org/athomelearning/plans/elementary-school-students</a>	At home weekly lesson plans in English and Spanish	Preschool-Multi-Age
Dancing Alone Together	<a href="https://dancingalonetogether.org/">https://dancingalonetogether.org/</a>	Dance themed activities	Multi-Age
Day by Day: Maryland	<a href="https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx">https://www.marylandlibraries.org/Pages/Day-by-Day-May.aspx</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: New York	<a href="http://daybydayny.org/may-6/">http://daybydayny.org/may-6/</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
Day by Day: Ohio	<a href="http://www.daybydayoh.org/may">http://www.daybydayoh.org/may</a>	Daily songs, activities, book suggestions, and videos through a calendar.	Multi-Age
DE Division of Libraries	<a href="delawarelibraries.org/summerreading">delawarelibraries.org/summerreading</a>	Summer reading program	Multi-Age
Delaware Readiness Teams	<a href="https://www.delawarereadinessteam.com/covid-19-resources">https://www.delawarereadinessteam.com/covid-19-resources</a>	First Lady Tracey Quillen Carney reads	Multi-Age

		The Story of The Oyster and The Butterfly (available in Spanish) and other related activities available.	
Development and Research in Early Mathematics Education, Stanford University	<a href="https://familymath.stanford.edu">https://familymath.stanford.edu</a> English: <a href="https://dreame.stanford.edu/sites/g/files/sbiybj9961/f/dreame_at-home_early_math_learning_kit_for_families_english.pdf">https://dreame.stanford.edu/sites/g/files/sbiybj9961/f/dreame_at-home_early_math_learning_kit_for_families_english.pdf</a> Spanish: <a href="https://dreame.stanford.edu/sites/g/files/sbiybj9961/f/dreame_at-home_early_math_learning_kit_for_families_spanish.pdf">https://dreame.stanford.edu/sites/g/files/sbiybj9961/f/dreame_at-home_early_math_learning_kit_for_families_spanish.pdf</a>	At-home early math learning.	Birth - Age 5
Dr. Yum's Guide to Healthy Eating	<a href="https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources">https://recipes.doctoryum.org/en/pages/covid-healthy-eating-virtual-resources</a>	Healthy meal planning for families	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook">https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook</a>	Activity Handbook	Preschool
EASEL Lab	<a href="https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf">https://ggie.berkeley.edu/wp-content/uploads/2020/02/Brain_Games_Pack.pdf</a>	Brain games for building focus, remember, and stop and think powers.	Multi-Age

Ed Surge	<a href="https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home">https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home</a>	At home activities	Toddler-Preschool
Education.com	<a href="https://www.education.com/activity/preschool/recipes/">https://www.education.com/activity/preschool/recipes/</a>	Cooking activities	Multi-Age
Explore	<a href="https://explore.org/livecams/currently-live/decorah-eagles">https://explore.org/livecams/currently-live/decorah-eagles</a>	Live animal webcams	Multi-Age
Family Dinner Project	<a href="https://thefamilydinnerproject.org/pandemic-2020-resources/">https://thefamilydinnerproject.org/pandemic-2020-resources/</a>	Food and meal conversation ideas for families.	Multi-Age
FLYOGI	<a href="https://www.flyogi.co/">https://www.flyogi.co/</a>	Free children and families yoga lessons	Multi-Age
Fred Rogers Productions	<a href="https://www.fredrogers.org/coronavirus/">https://www.fredrogers.org/coronavirus/</a>	Virtual events, activities and social initiatives	Preschool
Groundwork Ohio	<a href="https://www.groundworkohio.org/covid19parents">https://www.groundworkohio.org/covid19parents</a>	List of activities for families.	Multi-Age
Hatch	<a href="https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf">https://www.hatchearlylearning.com/pdfs/Family_Connections_Hatch.pdf</a>	Variety of activities	Preschool



Illinois Early Learning Project	<a href="https://illinoisearlylearning.org/resources/reslists/">https://illinoisearlylearning.org/resources/reslists/</a>	Information on popular topics, projects for preschoolers, and activities.	Multi-Age
Imagination Library: Goodnight with Dolly	<a href="https://imaginationlibrary.com/goodnight-with-dolly/">https://imaginationlibrary.com/goodnight-with-dolly/</a>	Bedtime stories with Dolly Parton	Multi-Age
International Children's Digital Library	<a href="http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11">http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&amp;pnum=10&amp;cnum=1&amp;text=&amp;lang=English&amp;ilangcode=en&amp;ilang=English&amp;langid=11</a>	Online books in various languages	Toddler - Age 13
Julie's Library	<a href="https://www.julieslibraryshow.org">https://www.julieslibraryshow.org</a>	Julie Andrews reading new stories weekly to children.	Multi-Age
Jumpstart	<a href="https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities">https://www.jumpstart.com/parents/activities/grade-based-activities/preschool-activities</a>	Arts & crafts activities	Multi-Age
Khan Academy Kids	<a href="https://learn.khanacademy.org/khan-academy-kids/">https://learn.khanacademy.org/khan-academy-kids/</a>	At home activities	Age 2 - Age 7
Kids Health from Nemours	<a href="https://kidshealth.org/en/parents/cooking-preschool.html">https://kidshealth.org/en/parents/cooking-preschool.html</a>	Cooking activities	Multi-Age
Knowbuddy resources	<a href="http://virtual.knowbuddyresources.com/preview/browse#QV077">http://virtual.knowbuddyresources.com/preview/browse#QV077</a>	eBooks in English and Spanish	Multi-Age

Lakeshore	<a href="https://www.lakeshorelearning.com/resources">https://www.lakeshorelearning.com/resources</a>	Crafts and activities	Multi-Age
Love in a Big World	<a href="https://www.youtube.com/watch?v=CIDshTjRWI&amp;feature=youtu.be">https://www.youtube.com/watch?v=CIDshTjRWI&amp;feature=youtu.be</a>	How dance relieves stress	Multi-Age
Milwaukee Independent	<a href="http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/">http://www.milwaukeeindependent.com/articles/stay-home-free-book-coronavirus-children-color/</a>	A free book on coronavirus for children of color	Multi-Age
Minnesota Department of Education	<a href="https://education.mn.gov/MDE/dse/early/highquale/ind/famres/https://www.nhs.gov/uk/kids/life-skills/play-leisure/">https://education.mn.gov/MDE/dse/early/highquale/ind/famres/https://www.nhs.gov/uk/kids/life-skills/play-leisure/</a>	Social emotional, language, thinking and physical activities. Other language translations available.	Birth - Age 5
Music School of DE	<a href="http://www.musicschoolofdelaware.org/home.html">http://www.musicschoolofdelaware.org/home.html</a>	Music-related activities	Multi-Age
National Afterschool Association- NASA	<a href="https://activityworks.com/at-home/">https://activityworks.com/at-home/</a>	At home physical activities	School Age
National Association for the Education of Young Children- NAEYC	<a href="https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home">https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home</a>  <a href="#">Message in a Backpack</a>	Prop box ideas  Tips and ideas to share with families about supporting	Infant - Preschool

	<a href="https://www.naeyc.org/events/woyc/plan-your-event">https://www.naeyc.org/events/woyc/plan-your-event</a>  <a href="https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play">https://www.naeyc.org/resources/pubs/tyc/aug2018/backpack/things-every-parent-know-play</a>	<p>preschool age children's learning at home</p> <p>At-home activities</p> <p>Resources for the importance of play</p>	
National Child Traumatic Stress Network	<a href="https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus">https://www.nctsn.org/resources/trinka-and-sam-fighting-the-big-virus</a>	Stories about fighting the big virus.	Multi-Age
National Head Start Association (NHSA)	<a href="https://www.nhsa.org/educational-resources-learning-home">https://www.nhsa.org/educational-resources-learning-home</a>	Learning at home.	Preschool
NHS: Greater Glasgow and Clyde	<a href="https://www.nhsggc.org.uk/kids/life-skills/">https://www.nhsggc.org.uk/kids/life-skills/</a>	Learning through play, self care, education, sensory differences, and developing child language.	Multi-Age
New York City- Dept. of Education	<a href="https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources">https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources</a>	A variety of books, magazines, and websites	Birth - Age 8

<p>PBS</p>	<p><a href="#">How to Talk to Your Kids About Coronavirus</a></p> <p><a href="#">PBS Kids Preschool Learning at Home</a></p> <p><a href="https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured">https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured</a></p> <p><a href="https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/">https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/</a></p> <p><a href="https://www.pbs.org/parents/page/read-along">https://www.pbs.org/parents/page/read-along</a></p> <p><a href="https://pbskids.org/games/music/">https://pbskids.org/games/music/</a></p>	<p>Includes a list of videos, games, and activities about handwashing and staying healthy</p> <p>Learning at home.</p> <p>Read along videos</p> <p>Social distancing with children</p> <p>Read along with celebrities</p> <p>Music games</p>	<p>Multi-Age</p>
<p>Philadelphia Zoo</p>	<p><a href="https://philadelphiazoo.org/learn/">https://philadelphiazoo.org/learn/</a></p>	<p>Virtual zoo tours</p>	<p>Multi-Age</p>
<p>Piplo Productions</p>	<p><a href="http://piploproductions.com/trinka-and-sam-virus/">http://piploproductions.com/trinka-and-sam-virus/</a></p>	<p>Story about COVID-19 for young children.</p>	<p>Multi-Age</p>

Playbill	<a href="https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19">https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19</a>	Theatre-related activities	Multi-Age
Promise Venture Studio	<a href="https://www.promisestudio.org/covid-caregiver-resources">https://www.promisestudio.org/covid-caregiver-resources</a>	Guide to working with children at home, caregiving advice, and searchable activities.	Multi-Age
QT30- DE Thrives	<a href="https://dethrives.com/qt-30">https://dethrives.com/qt-30</a>	At home activities	Multi-Age
ReadAskChat	<a href="https://readaskchat.net/get-the-app/">https://readaskchat.net/get-the-app/</a>	Free digital library through June 2020 using code 5RVLD4 when registering	Multi-Age
Reading Rockets	<a href="https://www.readingrockets.org/books/fun">https://www.readingrockets.org/books/fun</a>	Reading activities	Birth - Age 8
Ready At Five	<a href="https://www.readyatfive.org/for-parents/activity-cards.html">https://www.readyatfive.org/for-parents/activity-cards.html</a>	Activity cards in English and Spanish.	Age 5
Ready Rosie	<a href="https://readyrosie.com/en/healthyathome/">https://readyrosie.com/en/healthyathome/</a>	Toolkit for parents	Multi-Age
Reggio Children	<a href="https://www.reggiochildren.it/en/athomewiththereggiapproach/">https://www.reggiochildren.it/en/athomewiththereggiapproach/</a>	At home activities with	Birth - Age 6

		the Reggio Approach	
School Community Network	<a href="https://www.schoolcommunitynetwork.org/RFP.aspx">https://www.schoolcommunitynetwork.org/RFP.aspx</a>	Parenting information, parent-child activities, parent education, and tip sheets. Spanish available.	Multi-Age
School District of Philadelphia	<a href="https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/">https://www.philasd.org/earlychildhood/resources/parents/prek-parent-resources/</a>	Preschool home activities for families.	Preschool
Sesame Street	<a href="https://www.sesamestreet.org/">https://www.sesamestreet.org/</a>  <a href="https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle">https://sesamestreetincommunities.org/topics/health-emergencies/?activity=understanding-needs-and-wants-bundle</a>	Games , videos, and art  Understanding children’s needs and wants	Preschool
Sesame Street in Communities	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>	Health emergency activities and celebrating front line workers	Multi-Age
Stay Home with Candlewick Press	<a href="https://stayhome.candlewick.com/">https://stayhome.candlewick.com/</a>	Story about COVID-19 for young children.	Multi-Age
Tinkergarten	<a href="https://tinkergarten.com/activities">https://tinkergarten.com/activities</a>	Outdoor, play-based learning activities	Birth – Age 8

<p>United States Department of Education</p>	<p><a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=</a></p>	<p>The resources are appropriate for young children to postsecondary students as well as for personnel in education and special education across a wide range of educational topics, such as for early learning, STEM, reading and language learning, and social studies</p>	<p>Multi-Age</p>
<p>United Way of Delaware: Virtual Reading Angels Team</p>	<p><a href="https://www.facebook.com/UnitedWayofDelaware/">https://www.facebook.com/UnitedWayofDelaware/</a></p>	<p>Virtual reading through United Way of Delaware</p>	<p>Multi-Age</p>
<p>University of North Carolina - Frank Porter Graham Child Development Institute</p>	<p><a href="https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting%20children%20with%20autism%20spectrum%20disorder">https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-supporting children with autism spectrum disorder</a></p>	<p>Toolkit for supporting children with Autism spectrum disorder during COVID-19</p>	<p>Multi-Age</p>

Vooks	<a href="https://www.vooks.com/parent-resources">https://www.vooks.com/parent-resources</a>	Read aloud animated storybooks - 1 month free.	Multi-Age
Vroom	<a href="https://www.vroom.org/">https://www.vroom.org/</a>	Free, science-based tips and tools	Multi-Age
Zero to Three	<a href="https://www.zerotothree.org/resources/3264-at-home-activity-guide">https://www.zerotothree.org/resources/3264-at-home-activity-guide</a>  <a href="https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning">https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning</a>  <a href="https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how">https://www.zerotothree.org/resources/2545-screen-time-can-be-quality-time-here-s-how</a>	<p>Tips for play.</p> <p>How to create routines with your young child while at home.</p> <p>How screen time can be quality time.</p>	Multi-Age

How to Talk to Children about COVID-19 (New for 06/05)			
Resource	Website Link	About	Ages
Center on the Developing Child at Harvard University	<a href="https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020">https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=april_2020</a>	COVID-19 and Child Development	Multi-Age
Child Mind Institute	<a href="https://childmind.org/coping-during-covid-19-resources-for-parents/">https://childmind.org/coping-during-covid-19-resources-for-parents/</a>	Resources to support parents who	Multi-Age



		may be experiencing additional stress during this time.	
Child Trends	<a href="https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhWFqqf5IXWRVyG_1gwtR1lZ-JJVkuqj4qQGYH_eOzGQSuGNlklQh7zDABwcrCqzLVw&amp;hsmi=85116678">https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic?utm_source=hs_email&amp;utm_medium=email&amp;utm_content=85116678&amp;hsenc=p2ANqtz-9AvSOp1S8nTYTWa7TyqEZMvUhWFqqf5IXWRVyG_1gwtR1lZ-JJVkuqj4qQGYH_eOzGQSuGNlklQh7zDABwcrCqzLVw&amp;hsmi=85116678</a>	Support parents who may be experiencing additional stress during this time.	Multi-Age
Inter-Agency Standing Committee	<a href="https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you">https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you</a>	Storybook on COVID-19, My Hero is You. Available in multiple languages.	Multi-Age
Iris Center	<a href="https://iris.peabody.vanderbilt.edu/module/c19/">https://iris.peabody.vanderbilt.edu/module/c19/</a>	Supporting early learning during the pandemic	Multi-Age
Ready.gov	<a href="https://www.ready.gov/helping-children-cope">https://www.ready.gov/helping-children-cope</a>	Helping children cope in disasters	Multi-Age

American Academy of Pediatrics-AAP	<a href="https://www.aap.org/en-us/Pages/Default.aspx">https://www.aap.org/en-us/Pages/Default.aspx</a>	Variety of information	Multi-Age
Autism Speaks	<a href="https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community">https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community</a>	Talking to your child with autism about tragedy.	Multi-Age

	<a href="https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf">https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf</a>	eBook about illnesses.	
Better Kid Care- Penn State University Extension	<a href="https://extension.psu.edu/programs/betterkidcare">https://extension.psu.edu/programs/betterkidcare</a>	On-demand trainings and resources	Multi-Age
Child Care Aware of America	<a href="https://info.childcareaware.org/coronavirus-updates#parents">https://info.childcareaware.org/coronavirus-updates#parents</a>	Updates on COVID-19 for parents	Multi-Age
Center for Disease Control- CDC	<a href="#">Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children</a>	How to have conversations with children on COVID-19	Multi-Age
Child Mind Institute	<a href="#">Talking to Kids About the Coronavirus</a>  <a href="https://childmind.org/topics/concerns/responding-to-traumatic-events/">https://childmind.org/topics/concerns/responding-to-traumatic-events/</a>	Advice on having reassuring COVID-19 conversations  Learn how to help children cope with trauma.	Multi-Age
Colegio Oficial la Psicología de Madrid	<a href="https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus">https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus</a>	Spanish ebook about COVID-19	Multi-Age
Delaware Department of Services for Children, Youth and their Families	<a href="https://kids.delaware.gov/information/covid19.shtml">https://kids.delaware.gov/information/covid19.shtml</a>	Supporting children, community resources, and resilience resources.	Multi-Age

Early Childhood Learning Knowledge Center - ECLKC	<a href="https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies">https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies</a>  <a href="https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times">https://eclkc.ohs.acf.hhs.gov/blog/stay-connected-decrease-family-stress-difficult-times</a>	<p>Information on dealing with emergencies</p> <p>Video on decreasing family stress in difficult times</p>	Preschool
Early Childhood Technical Assistance Center	<a href="https://ectacenter.org/topics/disaster/coronavirus-talking.asp">https://ectacenter.org/topics/disaster/coronavirus-talking.asp</a>	Multiple resources such as guidance, toolkits, and handouts on COVID-19 and young children.	Multi-Age
Families Together, Inc.	<a href="https://famielstogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/">https://famielstogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/</a>	Resources for children/youth with disabilities	Multi-Age
Family Shade	<a href="http://www.familyshade.org/technical-assistance/">http://www.familyshade.org/technical-assistance/</a>	Support and Healthcare Alliance DE	Multi-Age
Feelings Wheel	<a href="http://feelingswheel.com">http://feelingswheel.com</a>	Wheel of feelings to support your child's emotional development.	Multi-Age
Generations United	<a href="https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf">https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf</a>	COVID-19 fact sheet for multi-generational families	Multi-Age
My Big Feelings and the Big Bad Virus	<a href="https://www.mybigfeelings.com">https://www.mybigfeelings.com</a>	Pdf book and coloring book on having big	Multi-Age

		feelings during COVID-19	
National Association of School Psychologists	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19</a>	How to have conversations with children on COVID-19	Multi-Age
National Public Radio-NPR	<a href="https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus">https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus</a>	How to have conversations with children on COVID-19	Multi-Age
National Traumatic Stress Network	<a href="https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin">https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&amp;utm_medium=email&amp;utm_campaign=nctsn-ebulletin</a>	Information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties	Multi-Age
Nemours, KidsHealth	<a href="https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr">https://kidshealth.org/en/parents/coronavirus-landing-page.html?view=ptr&amp;WT.ac=p-ptr</a>	Parenting and COVID-19.	Multi-Age
New York Life	<a href="https://www.newyorklife.com/foundation/for-families">https://www.newyorklife.com/foundation/for-families</a>	Articles on speaking with your child about death and grief	Multi-Age
NYU Langone Health	<a href="https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic">https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic</a>	Parent's guide for meeting the challenge during to COVID-19 pandemic	Multi-Age

Parents As Teachers - PAT	<a href="https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact_ParentsAsTeachers_ImpactonHealth_5_6_15.pdf">https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact_ParentsAsTeachers_ImpactonHealth_5_6_15.pdf</a>	Parents health fact sheet	Multi-Age
Positive Parenting	<a href="https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/">https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/</a>	Video resource about talking with children about COVID-19	Multi-Age
Sesame Workshop	<a href="https://www.sesameworkshop.org/">https://www.sesameworkshop.org/</a>	Dealing with times of uncertainty	Preschool
Sesame Street Caring	<a href="https://www.sesamestreet.org/caring">https://www.sesamestreet.org/caring</a>	Updated information on caring for children during Covid 19	Multi-Age
Trauma Informed DE	<a href="https://traumainformedde.org/">https://traumainformedde.org/</a>	Trauma informed resources	Multi-Age
Understood	<a href="https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids">https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/building-resilience-in-kids</a>	Building resilience in kids: what it means and how to do it	Multi-Age
UNICEF	<a href="https://www.unicef.org/coronavirus/covid-19-parenting-tips">https://www.unicef.org/coronavirus/covid-19-parenting-tips</a>	Parenting tips during COVID-19.	Multi-Age
Zero to Three	<a href="https://www.zerotothree.org/">https://www.zerotothree.org/</a> <a href="https://www.zerotothree.org/resources/series/magic-of-everyday-moments">https://www.zerotothree.org/resources/series/magic-of-everyday-moments</a>	COVID-19 Tips for Families with children ages birth-3.	Birth – Age 3

		Videos and articles on improving your child's social, emotional, and intellectual development through interactions with your baby during everyday moments.	
Zero to Thrive	<a href="https://zerotothrive.org/covid-19/covid-19-kids/">https://zerotothrive.org/covid-19/covid-19-kids/</a>	Pdf coloring book focused on feelings	Multi-Age

**Phone Apps (New for 06/05)**

Resource	Website Link	About	Ages
Tembo	<a href="https://www.temboeducationgroup.com">https://www.temboeducationgroup.com</a>	15 minute parent-led activities sent via SMS/text or WhatsApp	Multi-Age
Bright by Text	<a href="https://brightbytext.org/">https://brightbytext.org/</a>	Text message-based platform that provides useful information to parents and caregivers about child development, health, and well-being.	Multi-Age

Curious Learning	<a href="https://www.curiouslearning.org/">https://www.curiouslearning.org/</a>	Exploration and curiosity activities	Multi-Age
Google	<a href="https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&amp;hl=en_US">https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&amp;hl=en_US</a>	ABC, rhymes, numbers, animal names, and fruit names	Preschool - Kindergarten
InfoOhio	<a href="https://www.infohio.org/early-learning/parents">https://www.infohio.org/early-learning/parents</a>	Brain building, dance, singing and other phone app activities.	Multi-Age

ParentingChaos.com	<a href="https://parentingchaos.com/anxiety-apps-kids/">https://parentingchaos.com/anxiety-apps-kids/</a> <a href="https://www.gonoodle.com">https://www.gonoodle.com</a>	Mental health apps.	Multi-Age
Parent Pal	<a href="https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071">https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071</a>	An all-in-one personal parenting coach, offering tools to take the guesswork out of parenting. Subscription fees waived through June 30, 2020.	Birth - Age 5
Screen Actors Guild-American Federation of Television's SAG-AFTRA Foundation	<a href="#">Actors reading children's books</a>	Steam videos featuring celebrated actors reading children's books alongside creatively produced illustration	Multi-Age
Sesame Street	<a href="#">Sésamo</a>	Games, videos, and activities in Spanish	Preschool



Teaching Strategies Gold	<a href="https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCl5LnQiOiJqZUJmWjlhTmV5RjMyZGVsa2Exa2Q5aWtcl2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhIMlwwROE2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNIMwemRcl1Q5NDJSVE9UOGNKIn0%3D">https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCl5LnQiOiJqZUJmWjlhTmV5RjMyZGVsa2Exa2Q5aWtcl2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhIMlwwROE2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNIMwemRcl1Q5NDJSVE9UOGNKIn0%3D</a>	At home activities	Infant - Age 2
United States Department of Education	<p><a href="https://talkreadandshare.com/whatnd-early-learning-educators">Talk, Read, and Sing Together Every Day! Tip Sheets for Families, Caregivers aWhatnd Early Learning Educators</a></p> <p><a href="https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-apps-for-families-funded-by-doe">https://ies.ed.gov/blogs/research/post/the-ed-games-expo-goes-virtual-to-support-distance-learning-82-us-department-of-education-and-government-supported-learning-games-and-technologies-are-now-available-at-no-cost-until-the-end-of-the-school-year?utm_content=&amp;utm_medium=email&amp;utm_name=&amp;utm_source=govdelivery&amp;utm_term=-apps for families funded by ddoe</a></p>	<p>Tip sheets with research-based tips for talking, reading, and singing with children.</p> <p>List of education learning games supported by funding from the U.S. Department of Education and government.</p>	Multi-Age
Vroom	<a href="https://app.vroom.org/">https://app.vroom.org/</a>	Brain building activities	Multi-Age

**Community Resources (New for 06/05)**

Resource	Website Link	About
American Academy of Child and Adolescent Psychiatry	<a href="https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx</a>	Resources for helping children and families cope amidst COVID-19
Child Care of America	<a href="https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15">https://goto.webcasts.com/starthere.jsp?ei=1317257&amp;tp_key=d2e59e8f15</a>	Webcast- Caring for Children with Special Health Care Needs During COVID-19
Disaster and Community Crisis Center, University of Missouri	<a href="https://dcc.missouri.edu/youth-families.html">https://dcc.missouri.edu/youth-families.html</a>	Building resilience for children and dealing with media coverage of a disaster
DE Libraries	<a href="https://lib.de.us/">https://lib.de.us/</a>	Variety of resources provided by the libraries.
Lifeline	<a href="https://www.usac.org/lifeline/">https://www.usac.org/lifeline/</a>	Lifeline is a federal program that offers a monthly benefit of up to \$9.25 towards phone or internet services for eligible subscribers

<b>Basic Needs</b>		Case management services, financial literacy education, budget counseling, job readiness, rent/mortgage/utility assistance, diaper bank, food assistance, and resource and referral services.
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	Emergency services, state rental assistance program, comprehensive case management, and other services
First State Community Action Agency	<a href="https://www.firststatecaa.org/services.htm">https://www.firststatecaa.org/services.htm</a>	Diaper bank
Free Diapers	<a href="https://nationaldiaperbanknetwork.org/member-directory/">https://nationaldiaperbanknetwork.org/member-directory/</a>	COVID-19 information regarding energy/electric services
Delmarva Power	<a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a>	Disinfecting groceries

National Public Radio	<a href="https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content">https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&amp;utm_medium=email&amp;utm_content</a>	
Child Inc DE	<a href="https://www.childinc.com/">https://www.childinc.com/</a>	Variety of services for children & families
Easterseals	<a href="https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html">https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html</a>	Easterseals Relative Respite Program is a program designed to support grandparents or other relatives who are raising children because the parent is no longer able to do so.
<b>Food Distribution</b>		
DE Food Pantries	<a href="https://www.foodpantries.org/st/delaware">https://www.foodpantries.org/st/delaware</a>	Mobile Pantry program.
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	Food distribution site.
Food Bank:	<a href="https://www.fbd.org/">https://www.fbd.org/</a> <a href="https://www.fbd.org/healthy-pantry-center/">https://www.fbd.org/healthy-pantry-center/</a> <a href="https://www.fbd.org/program/senior-nutrition/">https://www.fbd.org/program/senior-nutrition/</a> <a href="https://www.fbd.org/program/mobile-pantry/">https://www.fbd.org/program/mobile-pantry/</a>	Healthy Pantry Centers located at our Milford and Newark branches. Senior Nutrition program.
Fresh EBT	<a href="https://www.freshebt.com/state/delaware/">https://www.freshebt.com/state/delaware/</a>	Food assistance

The Centre for Addiction and Mental Health	<a href="https://www.camh.ca/en/health-info/mental-health-and-covid-19">https://www.camh.ca/en/health-info/mental-health-and-covid-19</a>	Mental health and the COVID-19 Pandemic
CorePower Yoga	<a href="https://www.corepoweryogaondemand.com/keep-up-your-practice">https://www.corepoweryogaondemand.com/keep-up-your-practice</a>	Free on-demand yoga classes
Delaware Immigrant Fund	<a href="https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;sd=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hZ2NoGhS0%3D&amp;reserved=0">https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimmigrantfundde.org%2Fapply-aplicar-aplike%2F&amp;data=01%7C01%7CChristina.Koutsourades%40doe.k12.de.us%7Cd2c89753c89a4e1777c508d8025123c4%7C21b6d6867f08438dbdc6bd214d829bd2%7C1&amp;sd=cs38plwg0DyEXkEvvTXEsisdgbaA2SGK9hZ2NoGhS0%3D&amp;reserved=0</a>	Cash assistance for DE immigrants impacted by COVID-19
Delmarva Power	<a href="https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx">https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx</a>	Support for customers during COVID-19
<b>Homeless Families</b>  DE Housing Authority-Continuum of Care-CoC   School House Connection	<a href="https://www.housingalliance.org/the-delaware-continuum-of-care">https://www.housingalliance.org/the-delaware-continuum-of-care</a>  <a href="https://www.housingalliance.org/covid19-resources">https://www.housingalliance.org/covid19-resources</a>  <u>COVID-19 and Homelessness:</u>  <a href="https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/">https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/</a>  <a href="#">Strategies for Schools and Early Learning Programs [Get the Strategies]</a>	The Delaware CoC is a community-based collaborative that ensures a responsive, fair, and just approach to addressing homelessness, and strives to achieve housing for all.  Guidance for Schools and Early Learning Programs.  Article on ways to protect infants, toddlers and preschoolers experiencing homelessness during COVID-19.
Kids Healthy Eating Plate	<a href="https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/">https://www.hsph.harvard.edu/nutritionsource/kids-healthy-eating-plate/</a>	Child-friendly visual for healthy eating while at home.

Library Services	<a href="https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3">https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3</a>	Online library services.
<b>Mental Health</b>  CASSEL CARES  CDC  Center for Pyramid Model Innovations  Child Trends  Delaware Department of Services for Children Youth & Families  Delaware Mental Health Resources and Information  Delaware Positive Behavior Support	<a href="https://casel.org/resources-covid">https://casel.org/resources-covid</a>  <a href="https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html">Helping Children Cope with Emergencies https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html</a>  <a href="https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf">https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf</a>  <a href="http://childtrends.org">childtrends.org</a>  <a href="https://kids.delaware.gov/pbhs/families-emergency-services.shtml">https://kids.delaware.gov/pbhs/families-emergency-services.shtml</a>  <a href="https://mentalhealthde.com/">https://mentalhealthde.com/</a>  <a href="http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/">http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/</a>	Social emotional resource  Coping with emergencies. Managing stress and anxiety.  Infographic on helping your child during the pandemic.  Ways to promote children’s resilience.  DE hotline for de-escalation of crisis situation for children under and over 18 years old.  Facts about mental health and wellness, preventing and treating mental illness, suicide prevention and more.  Mental Health Resources- COVID-19 Response and Recovery Handouts, websites, and videos on supporting positive behavior at home.  COVID-19 autism resources

<p>Early Childhood Learning Knowledge Center- ECLKC</p>	<p><a href="https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery">https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery</a></p>	<p>Mental health/addiction recovery</p>
<p>Echo Autism</p>	<p><a href="https://echoautism.org/parent-resources-during-covid-19/">https://echoautism.org/parent-resources-during-covid-19/</a></p>	<p>Teletherapy for DE students and their families. Remote access to therapy and case management team. JFS OnCALL, an emotional support hotline free to the community.</p>
<p>Help is Here Delawre</p>	<p><a href="https://www.helpsherede.com/#recovery">https://www.helpsherede.com/#recovery</a> <a href="https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main">https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main</a></p>	<p>Mental health toolkit on topics such as finding the positive and connecting with others. Mental illness resources</p>
<p>Holistic Elevation</p>	<p><a href="https://www.jfsdelaware.org/coronavirus/">https://www.jfsdelaware.org/coronavirus/</a></p>	<p>COVID-19 Guide</p>
<p>Jewish Family Services</p>	<p><a href="https://mhanational.org/mental-health-month">https://mhanational.org/mental-health-month</a></p>	<p>Helping children cope.</p>
<p>Mental Health America</p>	<p><a href="https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources">https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources</a></p>	<p>The collection of resources includes videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic.</p>
<p>National Alliance on Mental Illness-NAMI DE</p>	<p><a href="https://www.nami.org/covid-19-guide">https://www.nami.org/covid-19-guide</a></p>	<p>Mental illness resources</p>
<p>National Association on Mental Illness</p>	<p><a href="https://www.nasponlinge.org">https://www.nasponlinge.org</a></p>	<p></p>
<p></p>	<p><a href="https://www.ffcmh.org/covid-19-resources-for-parents">https://www.ffcmh.org/covid-19-resources-for-parents</a></p>	<p></p>

<p>National Association of School Psychologists</p>	<p><a href="https://www.ffcmh.org/covid-19-resources-for-parents">https://www.ffcmh.org/covid-19-resources-for-parents</a></p>	<p>ChildCare.gov includes information to help families and child care providers learn more about the impact of COVID-19 in their state or territory, including ways to find emergency care.</p>
<p>National Association of Families for Children’s Mental Health</p>	<p><a href="https://childcare.gov/covid-19">https://childcare.gov/covid-19</a></p>	<p>Variety of resources for individuals with disabilities</p> <p>Parenting in times of crisis</p> <p>Positive behavior and learning at home.</p>
<p>National Child Traumatic Stress Network</p>	<p><a href="https://picofdel.org/">https://picofdel.org/</a></p>	<p>Coping</p>
<p>Office of Child Care</p>	<p><a href="#">Prevent Child Abuse Delaware</a></p> <p><a href="http://wh1.oet.udel.edu/pbs/resources-for-families/">http://wh1.oet.udel.edu/pbs/resources-for-families/</a></p>	<p>Family resources and suggestions for coping with COVID-19.</p> <p>Tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.</p>
<p>Parent Information Center of DE-PIC</p>	<p><a href="https://www.waisman.wisc.edu/covid-19/#coping">https://www.waisman.wisc.edu/covid-19/#coping</a></p>	
<p>Prevent Child Abuse DE</p>	<p><a href="https://covid.yale.edu/resources/cscrecs/">https://covid.yale.edu/resources/cscrecs/</a></p>	
<p>University of DE-DE PBS Project</p>	<p><a href="https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus">https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus</a></p>	

University of Wisconsin-Madison		
Yale University		
Zero To Three		
Orange Theory	<a href="https://www.orangetheory.com/en-us/athome/">https://www.orangetheory.com/en-us/athome/</a>	Daily free workouts
Planet Fitness	<a href="https://www.facebook.com/planetfitness/">https://www.facebook.com/planetfitness/</a>	Free home workouts during COVID-19
<b>Resource and Referral</b> 211	<a href="https://www.delaware211.org/">https://www.delaware211.org/</a>	Connect with nonprofits and agencies in need of support in light of COVID-19.
Children and Families First	<a href="https://www.cffde.org/newsroom">https://www.cffde.org/newsroom</a>	Update on programs and services provided by Children and Families First.
Catholic Charities	<a href="https://www.ccwilm.org/basic-needs/">https://www.ccwilm.org/basic-needs/</a>	
Sexual Assault Response Center	<a href="https://www.rainn.org/about-national-sexual-assault-telephone-hotline">https://www.rainn.org/about-national-sexual-assault-telephone-hotline</a>	Teletherapy for those individuals dealing with domestic and/or sexual violence.
Sesame Street Communities	<a href="https://sesamestreetincommunities.org/topics/health-emergencies/">https://sesamestreetincommunities.org/topics/health-emergencies/</a>	Community Support during COVID-19



Screening For Life	<a href="https://dhss.delaware.gov/dph/dpc/sfl.html">https://dhss.delaware.gov/dph/dpc/sfl.html</a>	Cancer screening
<b>State and Federal COVID-19 Resources:</b>  2020 Census           Benefits.gov   IRS	<a href="https://dhss.delaware.gov/dph/dpc/sfl.html">https://dhss.delaware.gov/dph/dpc/sfl.html</a>  <a href="#">Learn more about Census Bureau adjustments due to COVID-19</a>  <a href="#">Nickelodeon</a>  <a href="#">Statistics in Schools</a>  <a href="#">Sesame Street</a>  <a href="https://www.benefits.gov/help/faq/Coronavirus-resources">https://www.benefits.gov/help/faq/Coronavirus-resources</a>  <a href="https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments">https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments</a>  <a href="http://www.irs.gov/coronavirus/non-filers-enter-payment-info-here">www.irs.gov/coronavirus/non-filers-enter-payment-info-here</a>	Cancer screening  2020 Census COVID-19 adjustments  Videos, flyers, and social media tools  Resources that can be used for at-home and distance learning.  PSAs, flyers, and worksheets.  Variety of federal government benefits information  COVID-19 tax relief and economic impact payments  How to access stimulus checks without having filed taxes
Sussex County Health Coalition	<a href="https://www.sussexcoalition.org">https://www.sussexcoalition.org</a>	Community resources
<b>Transportation</b> DART	<a href="https://dartfirststate.com/">https://dartfirststate.com/</a>	Rider information, schedules, and updates

<b>Unemployment</b> Department of Labor	<a href="https://ui.delawareworks.com">https://ui.delawareworks.com</a>	File for unemployment insurance claim
YMCA	<a href="https://virtualy.ymcade.org">https://virtualy.ymcade.org</a>	Live and on-demand fitness classes, including family classes.